



## Office Olympics - Going for Gold!

With podiums to be fought over and medals up for grabs, you can capture all the excitement and thrills of the games in your own office, conference venue or hotel!

Participants will be given the option to create a colourful array of banners, costumes (and even choose a team chant). Each team will then walk out as one, representing their chosen country whilst incorporating their own team identity and culture. Your very own mini Olympics will then unfold before your eyes as the competition begins!

Although primarily a fun activity, this event builds on our reputation for intelligent team building as your teams discuss, plan and implement a winning strategy for the games. Each team will attend coaching master classes before testing themselves in the various trials and challenges. Enjoyment comes through selecting the right representatives to tackle the events, as well as allowing every member to contribute to their team's efforts.

It is all down to the teams to get their selection policy right so all team members have the chance to shine in their chosen event. There is a busy programme of events and Team Captains will need to be at the top of their game to ensure everyone is at the right place at the right time.

Once all games have been completed, the elation of competing will turn to an anxious buzz as the medal table is updated. Winning team anthems will be played as the event progresses with chocolate gold medals to the overall Olympic Champions! Whether as an indoor Office Olympics or an outdoor mini Olympics, our Olympic Team building event will allow your team to compete as individuals but celebrate as...ONE!

**One World, One Dream - ONE TEAM!**

*The communication leading up to the event was very good. The Event Team on the day were exceptional. All the activities gelled the various teams together well and everyone participated with vigour.*

*Liam C - Telefonica UK*

### Team Learning:

- Valuing differences in colleagues
- Problem-solving in teams
- Getting to know team members better

- 20 – 200 participants
- Indoors or outdoors
- Competitive
- Half-day activity
- Fast-paced & fun!

