



Talybont Trail

The Talybont Trail is the name we have given to one of our favourite events in the *Brecon Beacons* National Park of South Wales. This is an ideal event if you want an active team building event to accompany an off-site team meeting or as a stand-alone away day. Most groups choose to take either one or two nights stay.

Our base for the event is *Talybont on Usk*, near *Crickhowell* - an attractive small town in the Usk Valley - reached in about an hour from the Severn Crossing or the West Midlands. We make use of a number of attractive country hotels and coaching inns including the winners of numerous "Pub of the Year" awards. The real fires, great food, choice of ales, and fine scenery take some beating!

The Talybont Trail is a full day that requires planning, co-ordination, problem solving and teamwork. After a thorough briefing, your team draws up a plan of action, plots their route on maps, collects and packs equipment and allocates roles and responsibilities. A facilitator will work with your team to ensure the event is positively and professionally presented and debriefed upon completion.

Your journey on the *Talybont Trail* is in three stages: the first takes place using Canadian Canoes along the "Brec & Mon" canal including the daunting 400 metre long *Ashford Tunnel*. Later, you are on foot traversing or (if you feel energetic!) climbing to the summit of *Tor y Foel* ("Steep Bare Hill"). The views are superb. From *Tor y Foel* we pick up mountain-bikes for an exhilarating descent on forest-tracks back to our start point.

As the journey unfolds a sequence of team challenges are encountered. These require your team to stop, think and overcome team challenges. The reward: a set of clues that, when pieced together, will guide you to a hidden treasure box - your prize for completing *The Talybont Trail*. This is an active event that is fully within the scope of any reasonably active person. To finish we return to your hotel for pub or hot baths/showers and a most welcome drink from the bar - a memorable day!

- 5 – 25 participants
- Active outdoor activity
- Full-day event
- Adventurous
- Brecon Beacons



We all came away certainly knowing more about each other and having had a thoroughly memorable experience! Thanks for all your help in putting together a thoroughly challenging, exciting, interesting and team-gelling event!
Ed W - Kingfisher

Team Learning:

- Overcoming challenges together
- Bonding the team
- Supporting colleagues
- Stretching self and others